



Christian Habits

Lifelong habits that form our faith in Christ

Sundays | 12:30pm-2:30pm | Oct 26-Nov 16

OVERVIEW

Whether consciously or subconsciously, there are habits we regularly practice that form who we are and who we are becoming.

Oftentimes, these habits can be the difference between the life you're living and the life you were made for.

The Christian Habits workshop helps bridge this gap by equipping you with lifelong - grace filled habits that form our faith in Christ.

REGISTRATION FEE

\$20

(assistance available upon request)

REQUIRED MATERIAL

The Common Rule: Habits of Purpose for an Age of Distraction by Justin Earley

(book included in registration fee)

FORMAT

Workshops are a mix of directive teaching and group participation.

WEEKLY ASSIGNMENTS

■ Read

■ Share with others

■ Prepare for group discussion

COMMITMENT

In order for you and other participants to benefit most from the RCI workshops, we ask that you commit to preparation and attendance of all sessions in a workshop. Though there is grace and understanding for you if life's unpredictability causes you to miss a week or not be able to complete an assignment, we do ask that you honor your commitment to participate.

SCHEDULE & ASSIGNMENTS

Date	Session	Assigned Reading
10/26	BIBLE READING	pp. 1-28 & 79-94, Psalm 119:33-40, Luke 24:13-49
11/2	PRAYING	pp. 31-46, Matthew 6:5-15, Ephesians 3:14-21, John 17
11/9	FASTING	pp. 127-141, Matthew 6:16-18, Acts 13:1-3
11/16	RESTING	pp. 142-158, Exodus 20:8-11, Deuteronomy 5:12-15, Hebrews 4:1-13, Matthew 11:28-12:8

SHARE WITH OTHERS

Part of the Christian faith is multiplying disciples by passing on what has been passed on to you. Whether it's a roommate, co-worker, classmate, or someone in your community group, you are encouraged to share what you're learning through the workshop with other believers and those who don't know Christ.

GROUP DISCUSSION

Each session will have breakout groups focused on discussing the assigned readings and stories of how you have shared with others.

PREPARATION

Below are some helpful tips to prepare for participation:

- Pray
- Practice active reading (highlight/underline words, journal, note things that stand out to you, etc.)
- Meditate on connections between assigned songs and readings
- Talk about it (studies show that sharing what we learn helps our brains retain information)